

2019

COMMENCAL META AM 29 RIDE 2019



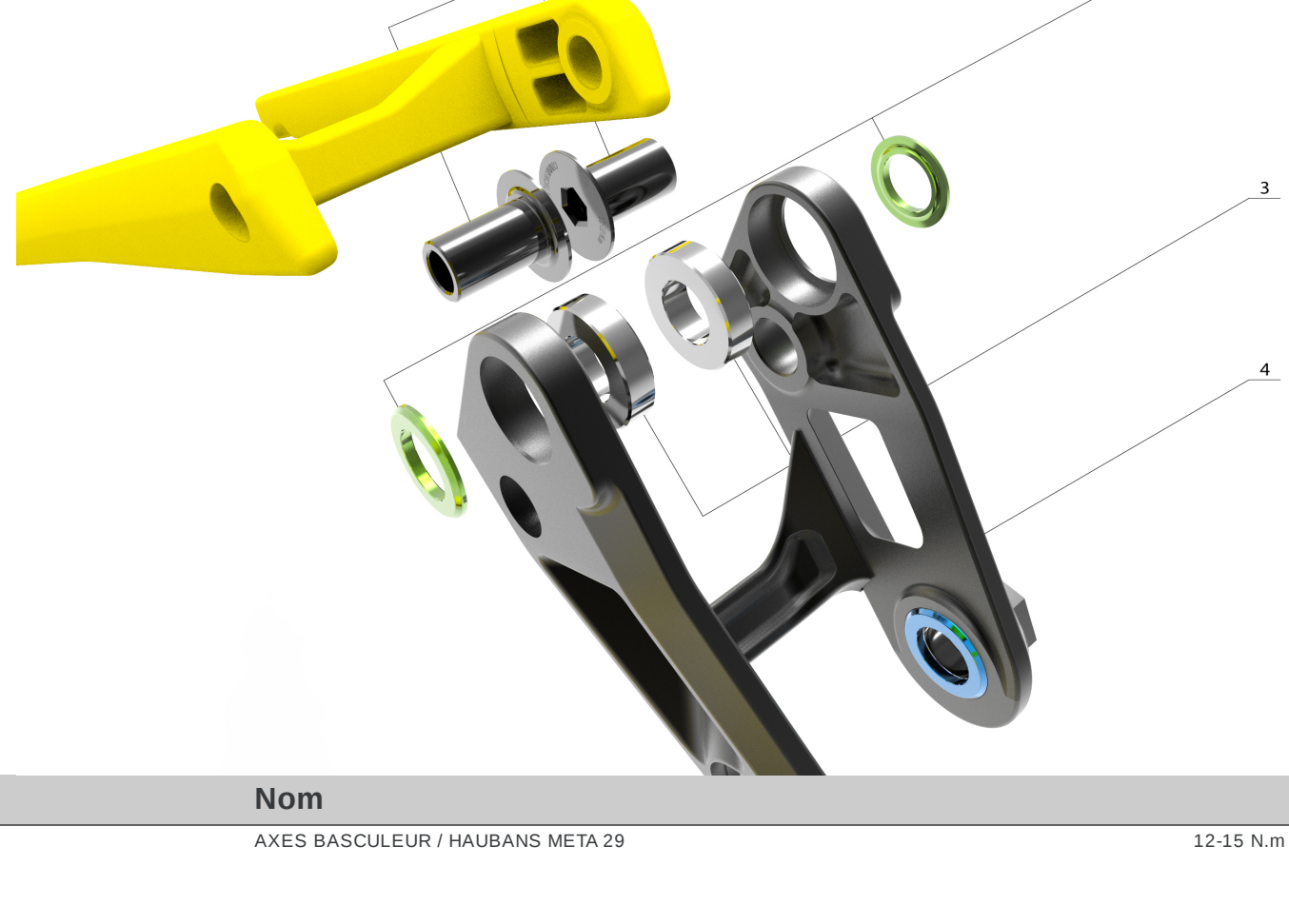
FRAME

ROCK	lockout
FORK	ROCKSHOX LYRIK RC, 170 mm, 15 mm axle, compression, rebound, boost
HEADSET	ACROS Fiber Z544/Z556, sealed bearings
STEM	RIDE ALPHA, Aluminium 2014, 40 mm, 31.8 mm, 0° Angle
BAR	RIDE ALPHA, Alloy 7075, double butted, 20 mm rise, 780 mm, 31.8 mm
GRIPS	RIDE ALPHA, DH Grips, ultra soft compound, single clamp
BRAKES	SRAM GUIDE T, 200 mm / 200 mm
SHIFTERS	SRAM NX, 1x11 speed
FRONT / REAR MECH	SRAM NX, 1x11 speed
BOTTOM BRACKET	SRAM PressFit GXP
CRANKSET	SRAM NX X-Sync, 30 t, boost 170 mm on S/M/L/XL
CHAIN	SRAM NX
CASSETTE	SRAM PG-1130, 11-42, 11 speed
RIMS	E13 TRS, 32 holes, 30 mm inner width, tubeless ready
HUBS	FORMULA, high engagement, 32 holes, sealed bearings
SPOKES / NIPPLES	SAPIM RACE spokes, stainless steel, 2.0 mm / 1.8 mm / 2.0 mm
TYRES	MAXXIS DHF, 29 x 2.5 WT, EXO+TR, front MAXXIS AGGRESSOR, 29 x 2.5 WT, EXO+TR, rear
SEATPOST	KINDSHOCK Lev Si, 31.6 mm, Southpaw alloy lever, Travel: 100 mm on S, 125 mm on M, 150 mm on L and XL
SADDLE	RIDE ALPHA 278 mm, CrMo rails
WEIGHT	15.7 kg
PEDALS INCLUDED	No

BICYCLE TYPE	Full suspension Enduro
FRAME MATERIAL	NEC + ULTRA SL (aluminium 6066 triple butted)
FRAME WEIGHT	3,6 kg
REAR WHEEL TRAVEL	160 mm
SHOCK LENGTH / STROKE	Metric standard 230 x 60 mm
PIGGY BACK SHOCK COMPATIBLE	Yes
SHOCK BUSHINGS	20x10 mm / 
RECOMMENDED / MAX FORK HEIGHT	571 mm / 581 mm
HEADSET DIMENSION	Tapered 1-1/8" / 1-1/2"
HEADSET TYPE	ZS44 / ZS56
MAXIMUM TYRE DIMENSION (ETRTD)	70 mm
DISC BRAKE STANDARD	Postmount 160 mm
REAR ROTOR MAX SIZE	200 mm
SEATPOST / SEAT CLAMP DIAMETER	31,6 mm / 34,9 mm
BOTTOM BRACKET TYPE	Press Fit BB92
ISCG	ISCG05
FRONT DERAILLEUR TYPE	No
REAR HUB COMPATIBILITY	148 x 12 mm, Standard Maxle Boost

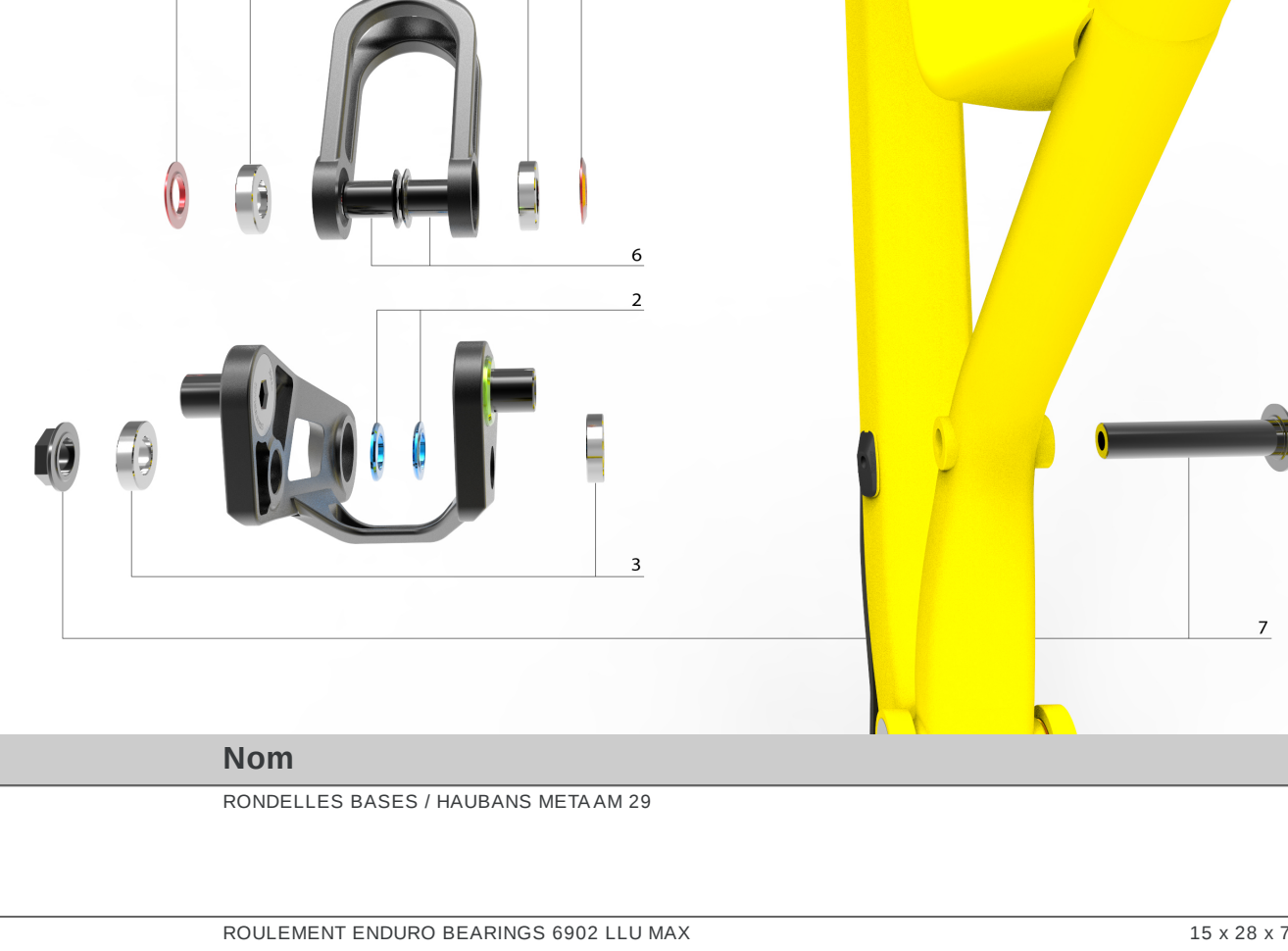
FRONT	28
REAR	29

Contact System



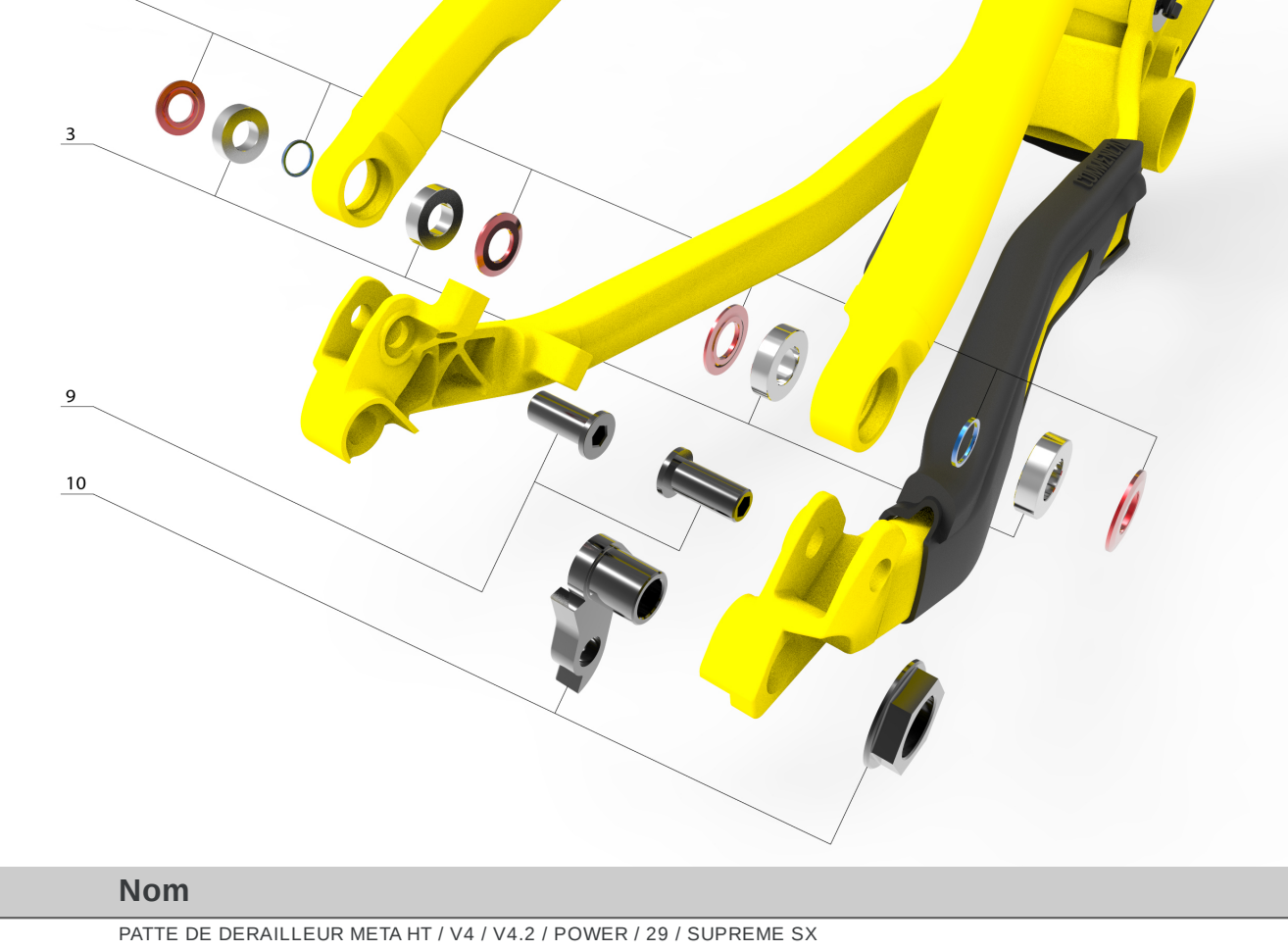
	W19M29WASHERCS	ROCKELES BASES 19/80MM METAL 29		
3	W19EB6902	ROULEMENT ENCOURE BEARINGS 6902 LLU MAX	13 x 28 x 7	
4	W19M29ROCKER	BASQUA/EUR META 29		
BEARING KIT	W21EBMETA29	ROULEMENTS ENCOURE BEARINGS META 29	2 x 6903 16 x 6902 18 x 6900	

Contact System 2

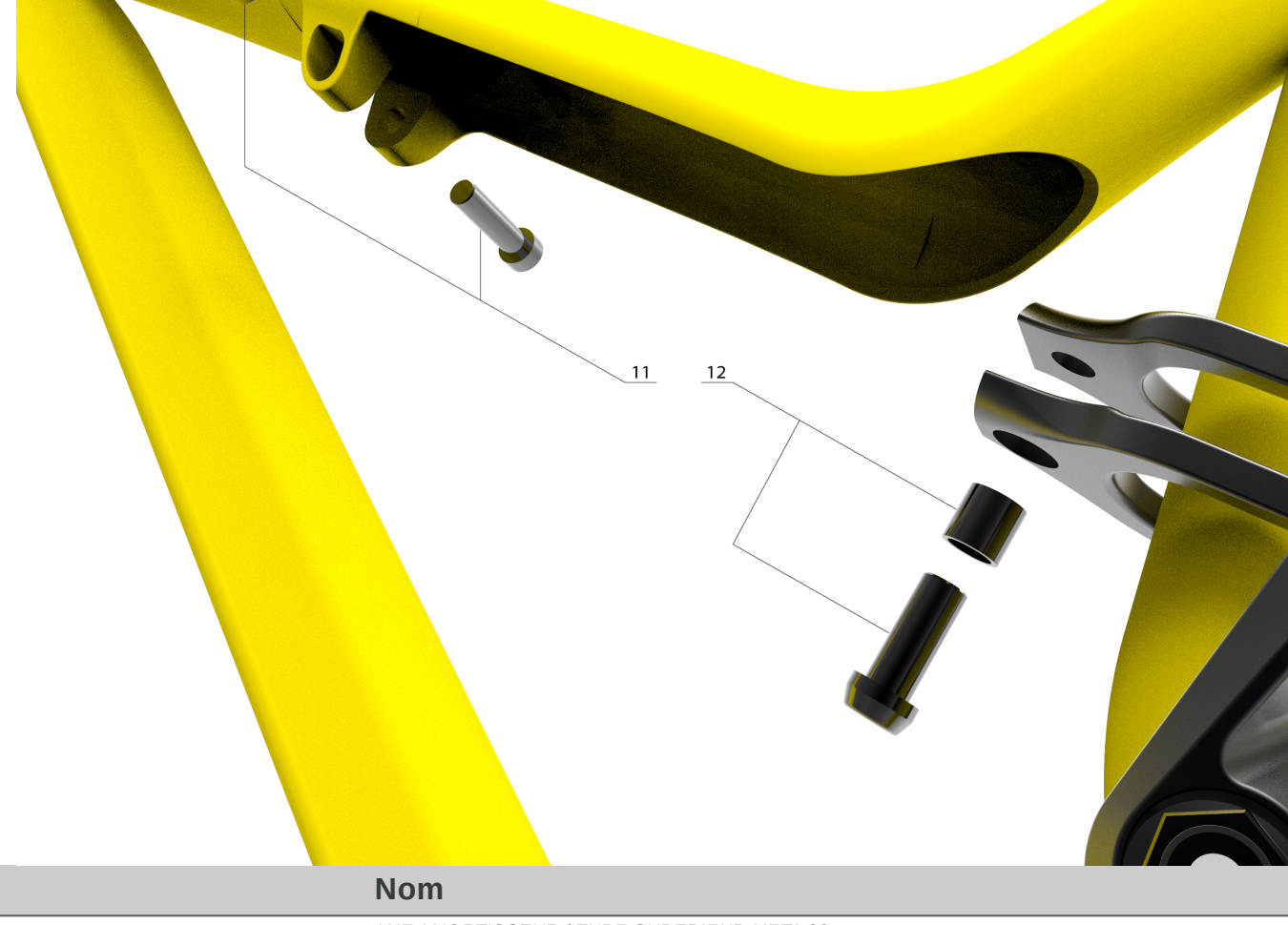


5	W19M29CLEVIS	CLEVIS META 29		
6	W19M29AXLERKCL	AXES BASCULEUR / CLEVIS META 29	12-15 N m	
7	W19M29AXLERKST	AXE BASCULEUR / TUBE DE SELLE META 29	12-15 N m	
BEARING KIT	W21EBMETA29	ROLLMENTS ENDURO BEARINGS META 29	2 x Ø504 / 6 x Ø502 / 4 x Ø500	

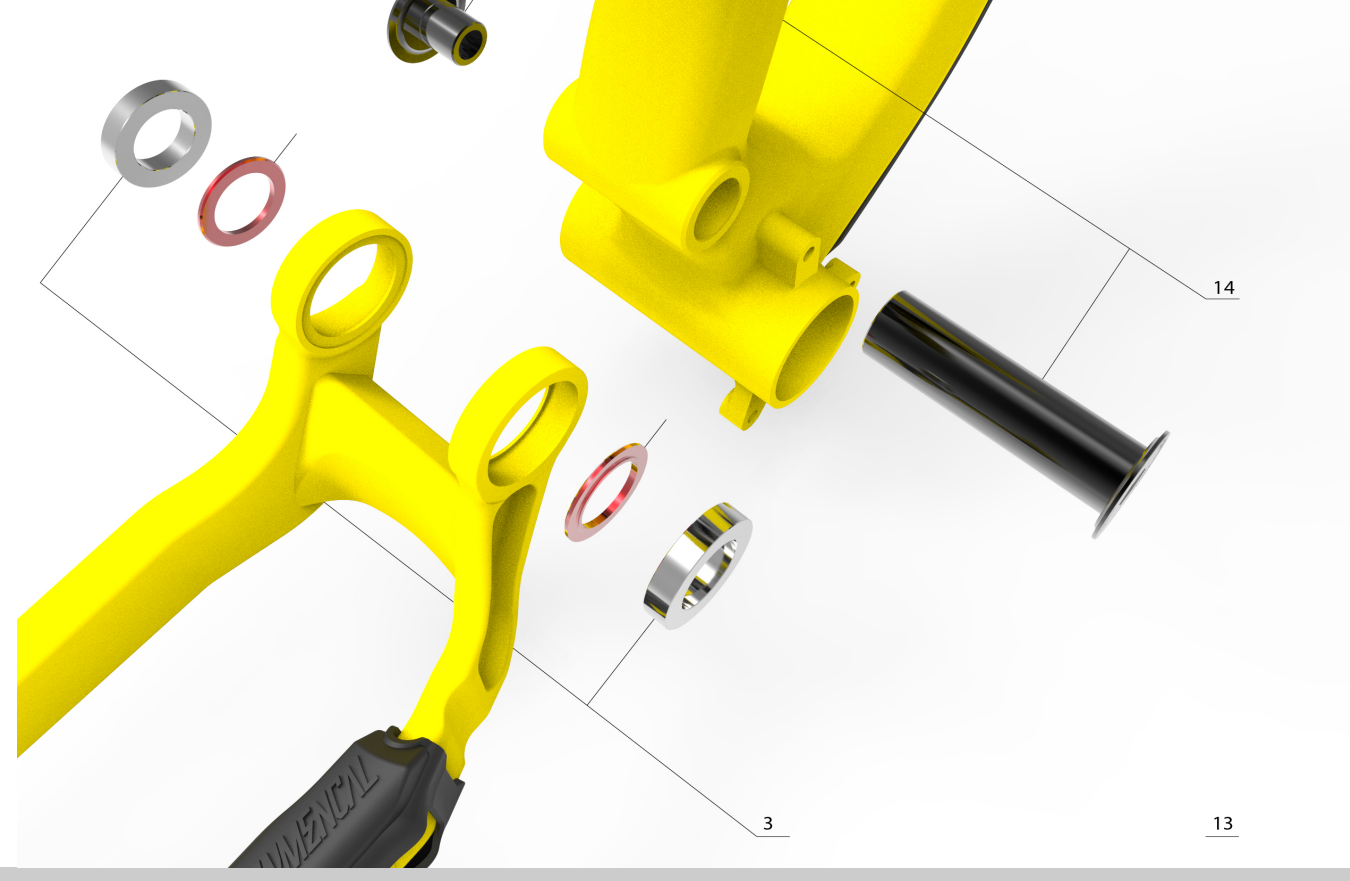
[Chainstays / Seatstays](#)



3	W21EB600	ROULEMENTS ENDURO BEARINGS 6802 LUU MAX	10 x 18 x 5	
8	W10M29WASHERCSSS	RONDELLES BASE 3 / HAUBANIS META29		
9	W10M29AXLEC35S	AXLE BASES / HAUBANS META29	1,2 Nm	
BEARING KIT	W21EBMETA29	ROULEMENTS ENDURO BEARINGS META29	2 x 6804 / 6 x 6802 / 8 x 6800	

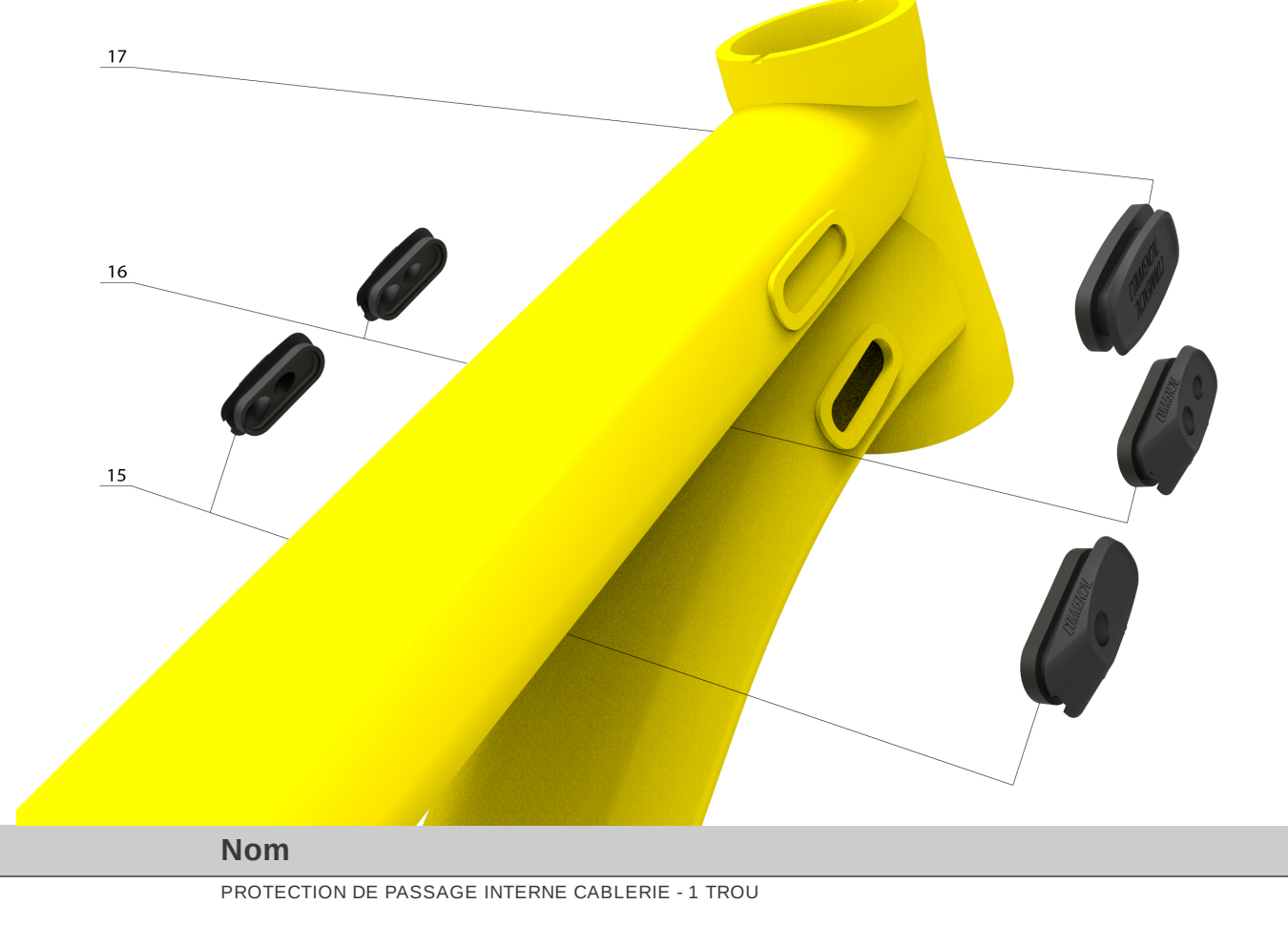


	W19M29AXLESHCL	AXE ANDTOSICUR CLEVIS ME14-29	9 0/16	
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13	W19M29WASHERMP	RONDELLES PIVOT PRINCIPAL, META 29 ET CLASH	
14	W19M29BXLEMP	AXE PIVOT PRINCIPAL, META 29 ET CLASH	30-35 N.m
5	W19EB6804	ROULEMENT ENDURO BEARINGS 6804 LLV MAX	25 x 32 x 7
BEARING KIT	W21EBMETA29	ROULEMENTS ENDURO BEARINGS META 29	2 x 6804 (6 x Ø502 / 4 x Ø800) 

Seals



16	W18SEAL2H	PROTECTION DE PASSAGE INTERNE CABLEE - 2 TROUS	
17	W18SEALNOH	PROTECTION DE PASSAGE INTERNE CABLEE - 8 TROUS	



15	W18EAL3H	PROTECTION DE PASSAGE INTERNE CABLES - 1 TROU	
18	A16STTPROTECMETA4	PROTEGE INJAN META, CLASH ET META-POWER	
19	W19M29PROTECCS	PROTECTION DE BASE META 29	
20	W19M29H0SEGUIDE	GUIDE GAINÉ PIVOT PRINCIPAL META 29	
21	W19M29PROTECTDY	PROTECTION DE DOWN TUBE META 29 / CLASH	3 F.N. 



Index	Ref	Nom	Photo
19	W18SEAL1H	PROTECTION DE PASSAGE INTERNE CABLES - 1 TROU	
22	W19M29FENDER	GARDE BOUT META 29	

